

Report of workshop on “An overview on Psychiatric assessment with Standardized Patient” held on 11-07-2024

About the Workshop

Workshop on “An overview on Psychiatric assessment with standardized patient” aims to a psychiatric assessment carried out for clinical and therapeutic purposes. Workshop was conducted with expert faculty from JSS College of Nursing, Dr Kishor M Professor HOD Psychiatry Department JSS Medical College and Hospital Mysuru and Dr Sudeepkumar Clinical Psychologist JSS Hospital Mysuru for interaction sessions. Sessions were organized to groom students for their prospective career and for enhancing the skills in Psychiatric assessment.

Objectives of the workshop

- develop optimal knowledge and practice in Psychiatric assessment
- establish a diagnosis and formulation of the individual psychiatric patient needs
- to plan their care and treatment
- enhance decision making and critical thinking using case scenarios

Organizing Team and Resources Persons

The members of the organizing team were Mrs Purohit Sarasawti , Assistant Professor and HOD, department of Mental Health Nursing, Dr. Priyadarshini, Assistant Professor Mrs. Sunitha PS, Assistant Professor, Mr. Nagendraswamy C, Assistant Professor, JSS College of Nursing, Mysuru.

Dr Kishor M Professor HOD Psychiatry Department JSS Medical College and Hospital Mysuru and Dr Sudeepkumar Clinical Psychologist JSS Hospital Mysuru, Mrs Purohit Saraswati , Assistant Professor and HOD, department of Mental Health Nursing, Dr. Priyadarshini, Assistant Professor Mrs. Sunitha PS, Assistant Professor, Mr. Nagendraswamy C, Assistant Professor, JSS College of Nursing, Mysuru were the resource persons for An overview on Psychiatric assessment with standardized patient.

Total 149 delegates from Cauvery College of Nursing, St Alphonsa college of Nursing, Mother Theresa College of Nursing and Heritage College of Nursing various Nursing institutions of Mysuru were registered for the workshop.

Workshop was inaugurated at 10.30am on 11.07.2024. Dr. Kishor M Professor HOD Psychiatry Department JSS Medical College and Hospital Mysuru, Prof Aswathy Devi MK, Principal, JSS College of Nursing, Mysuru were present during the ceremony. Principals of Nursing Colleges in Mysuru were graced the occasion.

Inaugural of Workshop on “An overview on Psychiatric assessment with standardized patient”

Dr. Kishor M expressed the importance of Psychiatric assessment in clinical practice and the essential requirement of accurate assessment is to view patients holistically and to identify their real needs.

The workshop commenced by conducting pre-test and with the brief introduction about the overall goal of the workshop to participants followed by the session regarding psychiatric history collection by Mr. Nagendra Swamy C, Asst. professor, JSS College of Nursing. He discussed regarding the various elements which are to be focused while collecting the history of a patient. This session helped the students to gain adequate knowledge regarding history collection along with demonstration by standardized patients. The next session on the same topic was continued out by Mrs. Purohit Saraswati, Asst. Professor & Head Department of Psychiatric Nursing, JSS College of Nursing. Next session was taken by Dr Kishor M Professor, Head Dept of Psychiatry Medicine, JSSMC & Hospital, Mysuru on Mental status Examination at 10:30-11:30am, session included practical assessment on Mental status examination with standardized patient. Mr Sudeep P K Clinical Psychologist, JSS Hospital Mysuru on screening tools with standardized patient from 11:30am-12:30pm. Post lunch session was started by Dr Priyadarshini Assistant Professor, JSS College of Nursing, session on Process Recording from 2pm-3pm. Next session was by Mrs Sunitha PS Assistant Professor, JSS College of Nursing on Psychiatric Nursing Diagnosis from 3pm to 4pm. Thereby the Workshop was completed and followed by Valedictory Ceremony.

Details of scientific sessions

Sr No	Resource Person	Session	Time
01	Mr Nagendra swamy C Assistant Professor, JSS College of Nursing, Mysuru Mrs Purohit Saraswati Assistant Professor, Head Dept of Psychiatric Nursing, JSS College of Nursing, Mysuru	Psychiatric History Collection Psychiatric History Collection	9:00am-9:30am 9:30am-10:00am
02	Dr Kishor M Professor, Head Dept of Psychiatry Medicine, JSSMC & Hospital, Mysuru	Mental Status Examination	10:30-11:30am
03	Mr Sudeep P K Clinical Psychologist, JSS Hospital Mysuru	Screening Tools	11:30am-12:30pm
04	Dr Priyadarshini Assistant Professor, JSS College of Nursing, Mysuru	Process Recording	2:00pm-3:00pm
05	Mrs Sunitha PS Assistant Professor, JSS College of Nursing, Mysuru	Psychiatric Nursing Diagnosis	3:00pm-4:00pm

Valedictory programme was held at 4.00 pm followed by post-test, feedback by delegates and certificate distribution by the resource persons. The valedictory programme ended by thanking everyone with vote of thanks.



Inauguration of the Mental Health Nursing Departmental workshop





Session I: Mr. Nagendra Swamy C, Asst. professor, JSS College of nursing on Psychiatric History Collection



Session II: Psychiatric History Collection by Mrs. Purohit Saraswati, Asst. Professor & Head Department of Psychiatric Nursing, JSS College of Nursing



Session III: Mental Status examination by Dr Kishor M Professor, Head Dept of Psychiatry Medicine, JSSMC & Hospital, Mysuru



Session IV: Process recording by Dr Priyadarshini Asst. Professor Department of Psychiatric Nursing, JSS College of Nursing



Session V: Screening tools by Mr Sudeep P K Clinical Psychologist, JSS Hospital Mysuru



Session VI: Psychiatric Nursing Diagnosis by Mrs Sunitha PS Assistant Professor JSS College of Nursing, Mysuru



Certificate distribution to delegates and resource persons