



JSS Mahavidyapeetha

# JSS COLLEGE OF NURSING

M.G. Road, Mysuru -570004 Karnataka India  
(Recognized by Indian Nursing Council, New Delhi & Karnataka State Nursing Council & Affiliated to RGUHS, Bengaluru)



## National Conference

**EVIDENCE TO EXCELLENCE :  
Integrating Research and Leadership  
Across the Learning and Practice Continuum**



International &  
National Speakers



Hands on Workshop  
in Sampling



Paper/Poster  
Presentation



Multidisciplinary  
Expert forum

KSNC  
Credit  
Points

**Date: 6<sup>th</sup> and 7<sup>th</sup> March 2026**

**Venue:**

Sri Rajendra Centenary Auditorium,  
JSS Hospital, Mysuru

## About JSS College of Nursing, Mysuru

JSS College of Nursing, Mysuru, established in November 1997 under the visionary leadership of His Holiness Jagadguru Sri Shivarathreeshwara Deshikendra Mahaswamiji, is a premier centre of excellence committed to advancing nursing education, clinical practice, and research. As the first Nursing college in Mysuru and the pioneer in introducing postgraduate programs, it prepares highly competent professionals through quality education as a constituent of Rajiv Gandhi University of Health Sciences, Bengaluru. A major strength of the college is its integration with JSS Hospital, a 1,800-bedded multi-specialty tertiary care teaching hospital, offering students extensive clinical exposure, advanced diagnostic and therapeutic services, and opportunities to practice evidence-based care. Complementing this, the Skill and Simulation Center at JSS Academy of Higher Education & Research provides a safe, technology-driven environment to refine clinical skills, critical thinking, and decision-making. Together, these facilities ensure seamless translation of theory into practice, shaping compassionate nursing professionals and researchers equipped for global healthcare and academic collaboration

## About Conference:

In today's dynamic global health landscape, nursing stands at the intersection of science, practice, and compassionate care. This conference offers a vital platform for professionals, researchers, educators, and students to integrate evidence-based practice and leadership, driving excellence and equity in healthcare. By connecting groundbreaking research with real-world application, it fosters collaboration to shape the future of nursing through sessions on data, technology, and global perspectives in tackling pressing health challenges. Complementing the conference, an intensive one-day workshop will focus on sampling methods—the foundation of robust research—highlighting how well-chosen strategies ensure validity and reliability. Designed for nursing professionals, researchers, and students, the workshop combines theory with hands-on activities to demystify sampling and equip participants with essential skills to select and apply appropriate techniques, bridging the gap between theory and practice



## PRE-CONFERENCE:

### **Sampling Strategies in Research: Choosing the Right Approach for Valid Results**

#### **Conference Objectives**

- To explain the core principles and various types of sampling techniques used in nursing research.
- To enhance participants' ability to critically appraise and select the most appropriate sampling strategy for a given research question.
- To provide practical, hands-on experience in applying sampling methods through real-world case studies and exercises.
- To enable participants to calculate appropriate sample sizes to ensure adequate statistical power and validity of research findings

#### **DOMAIN SPEAKERS**



**Prof. Gangaboraiyah Andanaiah**  
Professor Emeritus and Research Head  
Dayanand Sagar College of Dental Sciences  
Bangalore and Former  
Professor of Statistics at KIMS Bengaluru



**Dr. M S Vasantha Lakshmi**  
Associate Professor in Biostatistics  
Centre For Prevention of  
Communication Disorders &  
Epidemiological Research & Cognitive Behavioral  
Science In Communication Disorder (CPEC)  
All India Institute of Speech & Hearing, Mysuru

# SESSIONS & ACTIVITIES

Time	Session	Hands-on Activity	Resource person
8.00 am - 9.00 am	<b>Registration</b>		
09:00 am - 09:30 am	<b>Session I: The Foundations of Sampling</b> <i>Discussion on the importance of sampling for research rigor.</i>	<b>Case Study Analysis:</b> Analyze provided research scenarios to identify the population and desired sample.	
09:30 am-10:00 am	<b>TEA BREAK</b>		<b>Prof. Gangaboraiah Andanaiah</b>
10:00 am - 11:00 am	<b>Session II: Probability Sampling Techniques</b> <i>Application in clinical and community-based research.</i>	<b>Practice Exercise:</b> Design a sampling plan for a mock study on patient satisfaction in a hospital setting.	
11:00 am - 12:00 Noon	<b>Session III: Non-Probability Sampling &amp; Sample Size Calculation</b> <i>A practical guide to calculating sample size using established formulas and software tools.</i>	<b>Calculation Drill:</b> Work in groups to calculate sample sizes for different research designs using provided data.	
12:00 Noon-01:00 pm	<b>Session IV: Overcoming Sampling Challenges</b> <i>Strategies for addressing common issues like non-response bias, sampling frames, and ethical considerations in participant recruitment.</i>	<b>Q&amp;A and Hands-on Application:</b> Participants can bring their own research questions for discussion and receive direct guidance on their sampling plans.	<b>Dr. M S Vasantha Lakshmi</b>
01:00 pm - 01:15 pm	<b>Wrap-up &amp; Certificate Distribution</b>		
01:15 pm-Onwards	<b>LUNCH BREAK</b>		

# DAY-2

7<sup>th</sup> MARCH 2026

## NATIONAL CONFERENCE

**“EVIDENCE TO EXCELLENCE: INTEGRATING RESEARCH AND LEADERSHIP ACROSS THE LEARNING AND PRACTICE CONTINUUM”**

### Conference Objectives

- Analyze recent advancements in nursing research and their application in clinical practice.
- Apply research inquiry skills to identify and address priority clinical issues among frontline nurses.
- Evaluate international nursing research collaborations addressing global health disparities.
- Examine ethical and practical challenges in integrating emerging technologies, including AI and VR, into nursing practice.
- Provide opportunities for knowledge exchange and professional networking among nursing leaders and experts

### INTERNATIONAL SPEAKERS



Dr. Blessy Prabha

### NATIONAL SPEAKERS



Dr. Sharadha Ramesh



Dr. Vaishali Rajsinh  
Mohite



Dr. S J Nalini



Dr. Chanchal Goyal



Dr. Jyoti Sarin

## SESSIONS & RESOURCE PERSONS

Time	Sessions	Resource Person
<b>8.00 am – 9.00 am</b>	<b>REGISTRATION</b>	
<b>09:00 am - 09.45 am</b>	<b>Evidence-Based Practice (EBP) in Action</b> <i>Translating research findings into clinical protocols and policies.</i>	<b>Dr. Vaishali Rajsinh Mohite</b> Dean Krishna Institute of Nursing Science, Karad, Maharashtra, India
<b>9.45 am -10.00 am</b>	<b>TEA BREAK</b>	
<b>10:00 am - 11:00 am</b>	<b>Clinical Nurse Researchers at the Point of Care</b> Empowering frontline nurses to identify research questions and participate in studies, with a focus on formulating researchable questions.	
<b>11.00 am - 11.30 am</b>	<b>INAUGURAL CEREMONY</b>	Guests
<b>11:30 am - 12:30 pm</b>	<b>Global Health and Nursing Research Collaboration</b> Showcasing international partnerships that address health disparities through shared challenges, knowledge exchange, and digital collaboration	<b>Dr. Blessy Prabha Valsaraj</b> Associate Professor Department of Community and Mental Health Nursing Sultan Qaboos University AI Khoud Muscat, Oman.
<b>12:30 pm - 01:30 pm</b>	<b>LUNCH BREAK</b>	
<b>01:30 pm - 02:30 pm</b>	<b>Integrating Technology and Nursing Knowledge:</b> Bridging the gap between human touch and technology, including the use of AI, Virtual Reality, and clinical decision support systems	<b>Dr. Sharadha Ramesh</b> Director Academics – Hxplain- A digital Healthcare Technology solutions Pvt. Ltd Chennai, Tamil Nadu, India
<b>02:30 pm - 04:00 pm</b>	<b>Experts Forum</b> An open forum addressing key themes: implementing research into practice, policy making, challenges, future trends, and overcoming the research-practice gap.	
	<b>Dr. Vaishali Rajsinh Mohite</b> <b>Dr. Blessy Prabha Valsaraj</b> <b>Dr. Sharada Ramesh</b>  <b>Dr. Jyoti Sarin</b> Director- Principal Maharishi Markandeshwar College of Nursing MM Deemed to be University Mullana South Delhi, India	<b>Dr. S J Nalini</b> Principal Dept. Obstetrics and Gynecological Nursing, Sri Ramachandra Faculty of Nursing, Sri Ramachandra University Chennai, Tamil Nadu, India.  <b>Dr. Chanchal Goyal</b> Scientist F ICMR New Delhi, India
<b>03:30 pm -04:00 pm</b>	<b>VALEDICTORY CEREMONY</b>	Guests

# CALL FOR PAPERS AND POSTERS

## GUIDELINES

- **Registration is Mandatory for both author and co-author**
- **Only original & unpublished article will be accepted**
  - e-Poster /Paper slides must be prepared in prescribed template.
  - English language
  - Last date for abstract submission: 28.02.2026
  - Submit e- poster/ Scientific paper abstract to official conference mail id: nationalconferene63@gmail.com
  - Mention full names of authors, institutional affiliations, and corresponding email
  - Abstracts submissions will undergo Scientific Review Committee screening, and decisions will be notified through email.

## ABSTRACT

- Max 250 words
- IMRAD format
- Times New Roman 12
- 3–5 keywords

## E- POSTER FORMAT

- Original research /based on theme relevant to the conference
- Size: A1 Portrait (59.4cmX84.1cm)
- Max size: 10 MB

## PRESENTATION DETAILS

### E- POSTER

- 3 min presentation
- 2 min discussion
- Use code number only not to include name/ address during presentation
- E-Posters will be displayed on digital screens during the conference.
- Authors must be present during the assigned poster/Paper during discussion session.
- The Names of the Authors and Co-authors to be mentioned below the abstract title.
- No additional authors will be permitted after the abstract has been accepted for presentation.

### PAPER PRESENTATION

- 6 min presentation
- 2 min discussion

## AWARDS

- Best Paper and e-Poster awards – separate categories for UG/PG and PhD scholar/ faculty participants.

**Organizing Chairperson:**

**Prof. Aswathy Devi M K**  
Principal  
JSS College of Nursing, Mysuru

**Organizing Secretary:**

**Dr. Bhavya S V**  
Associate Professor  
Department of OBG Nursing  
JSS College of Nursing, Mysuru

**For registration and further inquiries, please contact:**

**Registration Committee:**

**Dr. Ambika K – 9980556639**  
**Ms. Sparsha - 6363995822**

**Scientific Committee:**

**Dr. Usha M Thomas – 9449086818**  
**Dr. Rashmi P - 8105911740**

**Accommodation Committee:**

**Mr. Nagendraswamy - 9663406028**

**Email: nationalconference63@gmail.com**

## Registration Information

Early registration is highly encouraged to avail preferential rates.

Category		Pre Conference 6th March	Conference 7th March	Both 6th & 7th
<b>Faculty/Staff/ PhD Scholars</b>	Early Bird	₹ 800	₹ 1500	₹ 2000
	Spot Registration	₹ 1000	₹ 1750	₹ 2500
<b>Postgraduate Students (PG)</b>	Early Bird	₹ 600	₹ 800	₹ 1200
	Spot Registration	₹ 750	₹ 1000	₹ 1500
<b>Undergradua- te Students (UG)</b>	Early Bird	₹ 500	₹ 750	₹ 1000
	Spot Registration	₹ 600	₹ 850	₹ 1200



Registration fee encompasses access to all conference sessions, a comprehensive conference kit, daily luncheons, and refreshment breaks.

**Click /Scan for Registration**

### Payment Details

**Bank A/c Name:** The Principal  
JSS College of Nursing Mysore

**Bank Name** : State Bank of India

**Branch** : JSS College Br. Ramanuja Road

**A/c Number** : 64198901069

**IFSC Code** : SBIN0040249



**Scan for Payment**

# EXPERIENCE MYSURU

The Heritage City of Karnataka

Mysuru, affectionately known as the "City of Palaces," is a dynamic cultural epicenter nestled in the heart of Karnataka, India. Celebrated for its magnificent Mysore Palace, the city unveils a profound historical legacy, exquisite artistry, and captivating natural beauty. Delegates are encouraged to explore the majestic Chamundi Hill, the serene and illuminated Brindavan Gardens, and the historically significant St. Philomena's Church. Mysuru's consistently conducive climate and inherently hospitable ambiance render it an optimal locale for an international conference, affording participants a unique opportunity to seamlessly integrate scholarly engagement with



13  
KM

Chamundi Hill



2  
KM

Mysore Palace



17  
KM

KRS -Brindavan



MYSORE ZOO

2  
KM

Mysore Zoo



Mysore Sand  
Museum

5  
KM



GRS Fantasy  
Park

7  
KM



2  
KM

Snow Park



2  
KM

Under water  
Aquarium



29  
KM

Backwater  
Venugopal Temple



3  
KM

St. Philomenas  
Church